



Erasmus+

## Blended Intensive Programme

### *Evidence-Based Practices in Educational Sciences and Psychology*

15 – 19 of May 2023

Cluj-Napoca, România



UNIVERSITATEA BABEŞ-BOLYAI  
BABEŞ-BOLYAI TUDOMÁNYEGYETEM  
BABEŞ-BOLYAI UNIVERSITÄT  
BABEŞ-BOLYAI UNIVERSITY  
TRADITIO ET EXCELLENTIA

**B**lended intensive programmes (BIPs) are short, intensive programmes that **use innovative ways of learning, for students combining virtual components with short-term physical mobility** and providing an opportunity to reach out to new groups of students. Blended Intensive Programmes is a new format of Erasmus+ mobility and support an important enlargement and flexibility of Erasmus mobility. **Each participant should get from their sending institution mobility grant.**

**F**aculty of Psychology and Educational Sciences, Babeş-Bolyai University in Cuj-Napoca, will organize between 15 – 19 of May 2023, the **Blended Intensive Programme Evidence-based practices in educational sciences and psychology.**

**E***vidence-based practices* is the approach that the practices should be based on the best available scientific evidence, rather than tradition, personal judgment, or other influences. So, the evidence-based practices in education and psychology are based on actual scientific evidence resulting from studies or the collection of a lot of data from many different sources. Therefore, this Blended Intensive Program is focused on several lectures and workshops aimed to develop to the students' knowledge, skills, and attitudes regarding the relevance of the evidence-based practices and to highlight how they could use them in different educational and psychological contexts with a high success rate.

#### **Objectives**

- ✓ To develop the students' attitude regarding the importance of the evidence-based approaches in their professional practice.
- ✓ To improve the students' knowledge about the process and the steps in evidence-based practices in educational sciences and psychology.
- ✓ To describe the benefits different research studies in the substantiating educational and psychological practices.
- ✓ To develop the students' skills to select correctly and to organize effectively their professional practices based on research.
- ✓ To integrate and to apply the evidence in educational and psychological setting



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#### *Preliminary programme. Topics in focus*

##### **On-line part**

The students will be involved in a mandatory on-line course about the relevance and the importance of the evidence-based practices in educational sciences and psychology. This part will take place a week before the on-site part, for 2 hours.

##### **On-site part**

During the Blended Intensive Programme in Cluj-Napoca, the students will benefit from a keynote lecture and several workshops focusses on subjects as:

- ✓ *The unexpected ways your brain learn.*
- ✓ *Evidence-based practices for critical thinking development.*
- ✓ *Evidence-based approaches to wellbeing and mental health.*
- ✓ *How to provide meaningful feedback.*
- ✓ *Learning How to Learn: Evidence-based learning strategies.*
- ✓ *Development of communication and social skills through theatre methods.*
- ✓ *Teaching and learning in 3D world. Immersive authentic teaching with metaverse.*

#### **Practical information**

##### **What is included?**

- ✓ Free access to all the lectures and workshops
- ✓ BIP Bag (printed and electronic format)
- ✓ Sandwiches and fruits for lunch breaks
- ✓ Cold beverages, coffee & snacks
- ✓ A professional guided walk in the historic centre of Cluj-Napoca & the tickets for Ethnographic Museum

##### **What is NOT included:**

- ✓ The transport to Cluj-Napoca (the students will cover the cost from their sending institution mobility grant)
- ✓ The accommodation (the students will cover the cost from their sending institution mobility grant), *but BBU can offer you the possibility for accommodation at BBU Hotel (15 euro/night)*
- ✓ Other personal costs and other personal activities

#### **NO PARTICIPATION FEE**

**Language: English**

**ECTS: 3**

**Venue: Faculty of Psychology and Educational Sciences, Cluj-Napoca, Romania**

**Application deadline: 25 of February 2023**

**More information: [erasmus.psyed@outlook.com](mailto:erasmus.psyed@outlook.com)**

**Coordinator: Daniel ANDRONACHE, Ph.D. | [daniel.andronache@ubbcluj.ro](mailto:daniel.andronache@ubbcluj.ro)**